

DOCUMENT RESUME

ED 405 985

PS 025 176

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TITLE Fathers & Babies: How Babies Grow and What They Need from You, from Birth to 18 Months.
REPORT NO ISBN-0-06-096908-3
PUB DATE 93
NOTE 235p.; Illustrated by Irene Trivas.
AVAILABLE FROM HarperCollins Publishers, 1000 Keystone Industrial Park, Scranton, PA 18512-4621; phone: 800-242-7737; fax: 800-822-4090 (U.S., \$12.50; Canada, \$17.50, plus shipping).
PUB TYPE Books (010) -- Guides - Non-Classroom Use (055)
EDRS PRICE Document Not Available from EDRS.
DESCRIPTORS Caregiver Child Relationship; Child Health; Child Rearing; *Developmental Stages; Father Attitudes; *Fathers; *Infant Behavior; *Infant Care; Infants; *Parent Child Relationship; Parent Influence; *Parenting Skills; Parent Role
IDENTIFIERS Baby Talk; Infant Feeding; Infant Smiling; *Infant Stimulation

ABSTRACT

This book provides fathers with specific developmental theory and practical skills and advice concerning how babies grow and what they need from fathers from the time they are born until they turn 18 months. Each chapter provides information and theory on age appropriate play activities and specific information on a baby's growth and developmental changes. Chapter 1 focuses on the newborn baby. Advice is provided on a variety of topics including feeding, handling, soothing, bathing, diaper changing, and sleeping patterns. Chapter 2 describes the baby from 1 to 6 months old. Topics addressed include solid food feeding, dressing, crawling, sitting, discipline, smiling, thumb sucking, routines, rolling over, and teething. Chapter 3 focuses on the baby from 6 to 9 months old. Topics include weaning, feeding, napping, mirrors, music, teaching, reaching, grasping, positive reinforcement, and stranger anxiety. Chapter 4 describes the 9- to 12-month-old baby. Topics addressed include crawling, sitting, stair climbing, baby sitters, saying goodbye, walking, safety, communication, reading, and first birthday parties. Chapter 5 focuses on the baby 12- to 18-month-old. Topics addressed include cup use, spoon use, scribbling, cruising and walking, first words, body parts, personality, self-awareness, self-esteem, and shyness. (SD)

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